



# **Thruxton Mass Attack Duathlon Race Programme Sun 22nd Oct 2017**

Within this program we aim to give you all the information you need to know to have a fun and organised race.

Please have a good read and if you still have any questions please email us on [info@offbeat-events.com](mailto:info@offbeat-events.com)

## REFUNDS AND DEFERRALS

We are too close to race day for a deferral or a refund. You can transfer your entry to another competitor free of charge. It is your responsibility to find someone to replace you if you wish to use the transfer option. The closing date for transfers is Mon 16<sup>th</sup> October 2017. Terms and conditions of entry can be found on the event page and [HERE](#).

## LOCATION

Driving to Thruxton Circuit

SAT NAV USERS - USE POSTCODE [SP11 8PN](#) (click postcode for directions)

Thruxton is readily accessible from both the M3 and M4. Once on the A303 follow the signs for Thruxton Circuit ONLY; ignore signs for Thruxton village. Upon leaving the A303 follow signs for Thruxton Circuit.

## PARKING

There is plenty of free parking in the race paddock behind the pits. Follow the parking signs directing you through the tunnel under the race circuit. Marshalls will indicate where to park.

## TIMETABLE

10.30am	Registration opens
11:45am	Registration closes
11:55am	Race Briefing – Both Distances
12:00pm	Standard distance race start
12:10pm	Sprint Distance race start

## CUT OFF TIME - (both distances)

From 3pm any competitors that have not crossed the start line to begin another lap will be directed to the finish line.

## REGISTRATION

Open from 10.30am until 11:45am. Please collect your race pack from here.

Everything you need for race day is collected at registration. You will need to collect your race pack from registration before racking your bike. The pack will contain;

- Race bib number – Relay Teams share race numbers and timing chips
- Additional Race number for your bike.
- Timing Chip (to be worn on your left ankle)
- Transition security wristband

All competitors must bring some proof of ID such as a driving licence or bank card.

## **TRANSITION**

- Transition will be open from 11am for bike racking.
- Before entering Transition, place race numbered stickers on your bike and ensure you have your security wristband on.
- When entering Transition, please wear your helmet with the strap done up.
- Racking is numbered in zones. There should be no more than 4 bikes on a rack. If you are unsure, please ask for advice from a transition marshall.
- Only competitors and marshalls can enter transition. Bikes can only be removed once all competitors are back in from the bike leg of both distances. You will need your wristband on and corresponding race number to remove your bike.

## **CHIP TIMING**

You will be issued with a timing chip that is allocated to your race number.

This chip will be affixed to a Velcro band on your ankle.

## **TECHNICAL SUPPORT**

Competitors are reminded that it is their responsibility to ensure that their bike is in a roadworthy condition. Be prepared! Take spare inner tubes and wear correct clothing for the conditions.

## **NUMBERS**

- Ideally a race belt should be worn. A limited number are available to buy from race registration for £7.00. Otherwise your race number will need to be pinned on your front for the run and moved to your back for the bike.
- A race numbered sticker will be in your pack to go on the seat stem of your bike.

## **CHANGING FACILITIES**

There are toilets opposite the car park which are large enough for a limited amount of competitors to change in. We recommend you come dressed to race.

## **WATER STATIONS**

- There will be a water station trackside for runners.
- Please ensure you carry enough liquid refreshments on your bike.
- There will be an additional water station on bike\run exit from transition.
- Bottled water is available at the finish

## **Warming up**

Due to the running race taking place in the morning there is no access to the track prior to the Duathlon.

## **SPRINT DISTANCE**

Race Briefing - On the start line at 11.55am

Mass Start at 12:10pm - Located on the start line on the track

- RUN 1 = 3.793 km (1 lap)
- BIKE = 18.965 km (5 laps)
- RUN 2 = 3.793 km (1 lap)

## **STANDARD DISTANCE**

Race Briefing - In the Pit Lane at 11.55am

Mass Start at 12pm - Located on the start line on the track

- RUN 1 = 11.379 km (3 laps)
- BIKE = 37.93 km (10 laps)
- RUN 2 = 3.793 km (1 lap)

### **Please Note:**

You must count your own laps. (Using pieces of tape on your bars and moving a piece of tape to the other side of the bars on each lap is often used)

Finish Line - Enter the pit lane on your final lap. The finish is under the inflatable arch.

## **RESULTS & PRIZES**

First Three Men	First Three Women
First Man Under 20	First Women Under 20
First Man 20-29	First Women 20-29
First Man 30-39	First Women 30-39
First Man 40-49	First Women 40-49
First Man 50-59	First Women 50-59
First Man Over 60	First Women over 60

First Team - (top 3 team finishers, on combined time)  
(All ages as at 31st Dec 2017)

### **Please Note:**

For both the sprint and standard distances the top 3 male and female finisher's move out of their respective age group category. This is something we have done for the past 20 years as it allows trophies to be distributed amongst a wider field of competitors.

## **PRESENTATION**

Presentation will take place 30 minutes after the last finisher. An estimated time for presentation is 3:15am. There is a charge of £5 for age group trophies and £8 for 1<sup>st</sup> to 3<sup>rd</sup> to cover postage and packing of your award if you are unable to stay on.

## **RESULTS**

A full set of provisional results will be available during the race at the results tent located at the finish line. Click [HERE](#) to follow the live results. A provisional set of results will be posted on the Offbeat website by late afternoon on the day of the race. Competitors will have 48 hrs to make any queries before a final set is published.

Please check the [Offbeat website](#) or our [Facebook](#) page for links to the results. These are usually in place by 6pm on the evening of the race.

## **RACE WITHDRAWAL**

If you withdraw from the race at any point please inform a finish line official.

- You must hand in your race chip on withdrawal to an official at the finish line
- Failure to hand in your chip may incur a charge of £50.

## **MEDICAL ADVICE**

If you have any known medical condition (such as diabetes, asthma, allergy to penicillin, etc) please inform us prior to the race by letter. IMPORTANT: Please write all personal and any medical details on the back of your race number.

**And finally .....**

*Have a great race!*