

# OFFBEAT EVENTS

## **Bournemouth International Triathlon**

**Sunday 11<sup>th</sup> September 2016**

**Race Information Programme**

## INTRODUCTION

Within this race programme we aim to give you all the information you need to know in order to have a great race. Please have a good read and if you still have any questions email us at [info@offbeat-events.com](mailto:info@offbeat-events.com)

## REFUNDS AND DEFERRALS

We are too close to race day for a deferral or a refund. You can transfer your entry to another competitor free of charge. It is your responsibility to find someone to replace you if you wish to use the transfer option. The closing date for transfers is Weds 7<sup>th</sup> September 2016. Terms and conditions of entry can be found on the event page and also [HERE](#).

## REGISTRATION

### OPTION 1

- **Date:** Saturday 10th September
- **Time:** 2pm - 5pm
- **Location:** Hermitage Hotel, Exeter Rd, Bournemouth BH2 5AH

#### **Please Note:**

Please do not park in the hotel car park, this is for residents only. The nearest car park is directly opposite the hotel in the BIC. Please be aware clamping is in operation in the hotel car park.

### OPTION 2

- **Date:** Sunday 11<sup>th</sup> September
- **Time:** 06.15am - 07.20am
- **Location:** Outside Transition, Pier Approach, Bournemouth BH2 5AA

#### **Please Note:**

If you don't make registration you are unlikely to race. Expect to queue so *please* give yourself plenty of time to register.

## NOMINATE A FRIEND

If you are unable to attend registration on Saturday but still wish to register, you can nominate a friend or team mate to collect your race pack. They will need a signed letter of authority plus one of the following ID listed below.

## WHAT TO BRING WITH YOU TO REGISTRATION?

Either;

1. Photo ID (driving licence or passport),
2. Triathlon England\British Triathlon Membership Card if a member or
3. Bank Card with competitor's name on it

**(Helmets will be checked on entering transition rather than at registration to ensure they are in good condition and the strap can be secured)**

### **Please Note:**

If you are unable to produce your Triathlon England membership card at registration you will be charged £5 for a day license.

## RACE PACKS

Your race pack will include everything that you need to race. The race packs are collected from registration.

- Race number (worn on your back for the bike and front for the run, race belts are recommended)
- Helmet Number (to be stuck on the front of your helmet)
- Bike Number (to be attached to your handle bars)
- Timing Chip (to be worn on either **wrist, NOT** on your ankles)
- Transition Security Wrist Band (to be attached before entering transition)
- We recommend using a race belt. Wiggle sell them [HERE](#)

## BRITISH TRIATHLON RULES

We recommend you familiarise yourself with the rules that will be applied to this event. A Triathlon England Referee shall be in attendance on the day as will a motorcycle official on the bike course. This is a non-drafting event. The British Triathlon rulebook can be downloaded [HERE](#).

## CHIP TIMING

You will be issued with an active timing chip that is allocated to your race number. The chip will be affixed to a Velcro band on either wrist (not your ankle!). You will be moving past yellow EMIT timing boxes rather than mats. Chips will be collected at the finish line.

### Please Note:

- Wear your timing chip underneath your wetsuit, or you risk losing the chip when removing your wetsuit.
- If you pull out during the event, it is your responsibility to hand the timing chip to the finish marshals. There is a charge of £50 for lost chips.

## AMENDMENT OF ENTRY DETAILS

Competitors must notify the organisers of any corrections to entry details, in particular the team represented, before starting the race. It is not possible to make amendments during or after the event.

## TECHNICAL SUPPORT

It is your responsibility to ensure that your bike is in a roadworthy condition. Be prepared! Take spare inner tubes and wear correct clothing for the conditions.

## RACE NUMBERS

- **BODY MARKING** – Body marking is not required. Your race number, helmet number, bike number and timing chip identify you. So no more scrubbing in the bath post-race!
- **BIB NUMBER** - race belts are recommended to allow your race number to be changed from the back for the bike course to the front for the run course. Alternatively, your number can be pinned on all four corners. You will need to move the number manually if you are using the pinned method. Do not cut or fold your number. Doing so will incur a 2-minute time penalty.
- **BIKE NUMBER** – On your handle bars, clearly visible to transition marshals. To be kept on until you leave site.
- **HELMET STICKER** - on the front of the helmet for easy recognition
- **SECURITY WRISTBAND** – given to you at registration. To be kept on until you leave transition after the race.
- **Removal of your bike from the transition area will only be possible with your security wrist band and helmet which corresponds with the sticker on your bike frame.**

## RESULTS

A full set of provisional results will be available during the race at the results tent located at the finish line. Click [HERE](#) to follow the live results. A provisional set of results will be posted on the Offbeat website by late afternoon on the day of the race. Competitors will have 48 hrs to make any queries before a final set is published.

Please check the [Offbeat website](#) or our [Facebook](#) page for links to the results. These are usually in place by 6pm on the evening of the race.

## RACE DAY

**Date:** Sunday 11th September 2016

**Event Location:** Pier Approach, Bournemouth BH2 5AA

### TIMETABLE

06:15	Sunday registration opens (next to transition)
06:15	Transition Opens for pre-registered competitors
07:20	Sunday registration closes
07:25	TRANSITION CLOSES for EVERYONE!!

### STANDARD WAVE - Men 40+, All Women Age Groups and Relays

07:05	Assemble at Swim Start (on the beach)
07:10	Wave roll call at Swim Start
07:15	Race Briefing for wave
07:20	Wave swim start - Men 40+, All Women and Relays

### STANDARD WAVE - Men Under 20s, Men 20-29, Men 30-39

07:25	Assemble at Swim Start (on the beach)
07:30	Wave roll call at Swim Start
07:35	Race Briefing for wave
07:45	Wave swim start - Men U20s, Men 20-29, Men 30-39

### **SPRINT WAVE - Women (all age groups)**

07:50	Assemble at Swim Start (on the beach)
07:55	Wave roll call at Swim Start
08:00	Sprint Race Briefing – (located at Swim Start)
08:05	Wave swim start – Women, All Age Groups

### **SPRINT WAVE - Men (all age groups)**

08:10	Assemble at Swim Start (on the beach)
08:15	Wave roll call at Swim Start
08:20	Sprint Race Briefing – (located at Swim Start)
08:25	Wave swim start – All Age Groups

### **Please Note:**

- Age group classification done on age as of 31<sup>st</sup> December 2016
- Come to your race briefing ready to race, to avoid missing roll call or your wave start time

## **Transition Information**

- No ipods/MP3's allowed in transition or on the course.
- Only Competitors allowed in this area.
- Competitors will only be allowed to remove bikes from transition, once all bikes are in from the bike course for both distances.

## SWIM COURSE

- The swim start is located on the east side of Bournemouth Pier.
- You must report to swim start for roll call and race briefing.
- Wetsuits are mandatory
- Swim hats will be provided and are mandatory
- Sprint Swim Course – 750 Metres - View Online Course [HERE](#)
- Standard Swim Course – 1500 Metres - View Online Course [HERE](#)

## BIKE COURSE

- Marshalls are located along the course for your safety.
- Please follow the highway code at all times and be courteous to other drivers and competitors.
- Please take care on the A338, always shoulder check before overtaking a competitor.
- We recommend competitors use a rear light in flashing mode during the bike section. This is for increased visibility.
- Sprint Distance Bike Course – 20.2 kms - View Online Course [HERE](#)
- Standard Distance Bike Course – 38.6 kms - View Online Course [HERE](#)

## RUN COURSE

- Sprint Distance Run Course – 5.0 kms - View Online Course [HERE](#)
- Standard Distance Run Course – 10 kms - View Online Course [HERE](#)

## RESULTS & AWARDS

### Bournemouth International Triathlon (Standard)

- First three Men            First three Women
- First Man U20 yrs        First Woman U20 yrs
- First Man 20-29 yrs     First Woman 20-29 yrs
- First Man 30-39 yrs     First Woman 30-39 yrs
- First Man 40-49 yrs     First Woman 40-49 yrs
- First Man 50-59 yrs     First Woman 50-59 yrs
- First Man Over 60       First Woman Over 60
- First Club (Top 3 finishers from same club)

- **Bournemouth International Triathlon (Sprint)**

- First three Men            First three Women
- First Male U20 yrs        First Female U20 yrs
- First Man 20-29 yrs     First Woman 20-29 yrs
- First Man 30-39 yrs     First Woman 30-39 yrs
- First Man 40-49 yrs     First Woman 40-49 yrs
- First Man 50-59 yrs     First Woman 50-59 yrs
- First Man Over 60        First Woman Over 60
- First Club (Top 3 finishers from same club)

#### **Please Note:**

For both the sprint and standard distances the top 3 male and female finisher's move out of their respective age group category. This is something we have done for the past 20 years as it allows trophies to be distributed amongst a wider field of competitors.

## PRESENTATION

Presentation will take place next to the finish 30 minutes after the last finisher. An estimated time for presentation is 11:00am. There is a charge of £3 for age group trophies and £5 for 1<sup>st</sup> to 3<sup>rd</sup> to cover postage and packing of your award if you are unable to stay on.



## RACE WITHDRAWAL

If you withdraw from the race at any point please inform the BTF Referee. It is extremely important that we are aware of all competitors' whereabouts during the event.

- You must hand in your race chip on withdrawal to an official at the finish line
- Failure to hand in your chip will incur a charge of £50.

## PARKING

Please use the car parks within the town. **These are all pay and display car parks (including Sundays).**

The nearest car park is Bath Road which is situated directly above transition. Details of The Bath Road Car Park, can be found [HERE](#)

Bournemouth use Pay By Phone for cashless parking payments, you can register [HERE](#) for an account. Cash payment machines are also available in the car park.

## CHANGING & TOILETS

Please arrive ready changed. There are toilets available at the base of the pier.

## MEDICAL ADVICE

If you have any known medical condition (such as diabetes, asthma, allergy to penicillin, etc) please inform us prior to the race by letter. IMPORTANT: Please write all personal and any medical details on the back of your race number and put a small indelible red cross on the front of your number to indicate a known medical issue.

- **Whether you have a medical condition or not, if you feel unwell on race day- Don't Race!**

Please check the [website](#) for any changes and event updates or keep up to date with us on [Facebook](#).

If you have any questions, please contact us on [info@offbeat-events.com](mailto:info@offbeat-events.com)

**And lastly, Have a great race!**